



PE		Year 3/4	
Focus: Ball Skills			
Age related vocabulary			
control	the ability to catch a ball. the ability to throw/kick a ball in a particular direction or towards a target.	technique	a way of doing something.

Key Knowledge
<p>When tracking a ball:</p> <ol style="list-style-type: none"> 1. Keep your eyes focused on the ball. 2. Apply a ready position—knees bent, feet shoulder width apart, on your toes. <p>When throwing a ball:</p> <ol style="list-style-type: none"> 1. Step forward with one foot as you throw. 2. Hands point to your target as you release the ball. 3. Face your body towards the target. <p>When catching a ball:</p> <ol style="list-style-type: none"> 1. Meet the ball with wide fingers and pull into your body. 2. Use a ready position. <p>When dribbling a ball with hands or feet:</p> <ol style="list-style-type: none"> 1. Keep the ball close to you and your head up.

Ball Skills Y3	Carlton Assessment Grid			Ball Skills Y4	Carlton Assessment Grid		
Success Criteria	Pupil Reflection		Teacher Assessment	Success Criteria	Pupil Reflection		Teacher Assessment
I can catch different sized objects with increasing consistency with two hands.	Before <input type="checkbox"/>	After <input type="checkbox"/>		I can accurately use a range of throwing techniques to throw to a target.	Before <input type="checkbox"/>	After <input type="checkbox"/>	
I can dribble a ball with control.	Before <input type="checkbox"/>	After <input type="checkbox"/>		I can catch different sized objects with increasing consistency with one and two hands.	Before <input type="checkbox"/>	After <input type="checkbox"/>	
I can show a variety of throwing techniques.	Before <input type="checkbox"/>	After <input type="checkbox"/>		I can dribble a ball with increasing control and co-ordination.	Before <input type="checkbox"/>	After <input type="checkbox"/>	
I can throw with accuracy and increasing consistency to a target.	Before <input type="checkbox"/>	After <input type="checkbox"/>					