



PE		Year 1	
Focus: Ball Skills			
Age related vocabulary			
direction	Up, down, left, right, forwards, backwards, clockwise, anti-clockwise.		

Carlton Assessment Grid			
Success Criteria	Pupil Reflection		Teacher Assessment
I can develop control and co-ordination when dribbling a ball with my hands	Before <input type="checkbox"/>	After <input type="checkbox"/>	
I can explore accuracy when rolling a ball	Before <input type="checkbox"/>	After <input type="checkbox"/>	
I can explore throwing with accuracy towards a target	Before <input type="checkbox"/>	After <input type="checkbox"/>	
I can explore catching with two hands	Before <input type="checkbox"/>	After <input type="checkbox"/>	
I can explore control and co-ordination when dribbling a ball with my feet	Before <input type="checkbox"/>	After <input type="checkbox"/>	
I can explore tracking a ball that is coming towards me	Before <input type="checkbox"/>	After <input type="checkbox"/>	

Key Knowledge
Games like dodgeball, netball, football, rugby, basketball, cricket and tennis need good ball skills.
Dribbling means moving the ball with your hands and feet.
You can send a ball to someone using your hands or feet and you can receive a ball by stopping it using your hands or feet.