



PE	Year 5/6
Focus: Dance	
Age related PE vocabulary	

Posture—standing in a position that centres your weight over your feet.	Canon— carrying out a movement within a group, all starting at different times.	Choreograph—the art of arranging dances	
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<p>Key knowledge</p> <ul style="list-style-type: none"> American dancer and choreographer Merce Cunningham created a style of dance that was by chance, often called 'dance by chance'. He used random and chance methods to choreograph dance by assigning actions, dynamics and relationships and space to numbers. He then used methods such as phone numbers, birthdays and rolling a dice to create his dance. Rock 'n' roll is a genre of music that originated in the USA in the early 1950s. The music combines a number of different styles including country, gospel, rhythm and blues and jazz. Dancers need to have good stamina and co-ordination as the style uses lots of spins, jumps, lifts, slides with upbeat and lively dynamics. Dancers had exaggerated smiles as they danced and enjoyed the music. The Mayan civilisation began long ago (it is believed as early as 1500 BCE), in a place called 'Mesoamerica'. This very large area is made up of Mexico and part of Central America where there is the Maya rainforest. The Mayans had ceremonies and rituals, including human sacrifices, that would have been filled with music and dancing. The Mayans worshiped various gods related to nature. Last lesson they created a dance phrase using Kinich Ahau – God of the sun. Yum Kaax: God of the forest was considered protector of the forest and guardian of it's wild vegetation and animals such as bats, jaguars and monkeys. Chaac: God of rain, lightning and storms. He is often represented holding jade axes and snakes that he uses to throw at the clouds to produce rain. Chinese New Year is celebrated between 21st January and 20th February depending on the moon. the festival can last up to 16 days. Every year relates to a different animal. The lion plays an important role in Chinese mythology, and represents joy and happiness. The lion is also a symbol of good luck. The lion dance is a form of traditional dance performed at Chinese New Year.
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PE Y5	Carlton Assessment Grid			PE Y6	Carlton Assessment Grid		
	Dance	Embedded	Progressing		Beginning	Embedded	Progressing
Success Criteria		Pupil Reflection		Success Criteria	Pupil Reflection		Teacher Assessment
I can confidently perform different styles of dance, clearly and fluently, showing a good sense of timing. (Lesson 1)		Before	After	I can confidently perform different styles of dance, confidently and fluently, with accuracy and good timing. (Lesson 1)		Before	After
I can accurately copy and repeat set choreography. (Lesson 4 and 5)		Before	After	I can confidently and fluently copy and repeat set choreography. (Lesson 4 and 5)		Before	After
I can choreograph phrases individually and with others considering actions and dynamics. (Lesson 6)		Before	After	I can choreograph phrases individually, with a partner and in a group considering actions and dynamics. (Lesson 6)		Before	After
I can refine the way I use actions, dynamics, relationships and space in my dance in response to a stimulus. (Lesson 8)		Before	After	I can refine the way I use actions, dynamics, relationships and space in my dance demonstrating an awareness the impact on performance (Lesson 8)		Before	After
I can use canon and have an awareness of my posture whilst performing. (Lesson 10)		Before	After	I can use counts and work creatively and imaginatively whilst performing (Lesson 10)		Before	After