



PE	Year 4
Focus: Dance	
Age related PE vocabulary	

**Unison– all together at the same time**

**Key Knowledge:**

- We use counts of 8 to keep us all in time
- We can travel in different ways to convey a character
- We can work collaboratively-using each other as part of our dance and use 'action and reaction' in our routines
- We use unison, matching and mirroring as relationship techniques within dance
- Dances can use a 'theme' as a stimulus to inspire ideas
- We have to practice dance to improve the movement and timing
- Formation is where we are positioned during the dance
- Canon– one after the other
- Stimulus- what we use to inspire ideas for our dances
- Dynamics– how actions are performed

PE Y4 Dance	Carlton Assessment Grid		
Success Criteria	Pupil Reflection		Teacher Assessment
I can choose actions and dynamics to convey a character or idea	Before	After	
I can copy and remember set choreograph	Before	After	
I can provide feedback using appropriate language relating to the lesson	Before	After	
I can respond imaginatively to a range of stimuli relating to character and narrative	Before	After	
I can use changes in timing and spacing to develop a dance	Before	After	
I can use counts to keep in time with others and the music	Before	After	
I can use simple movement patterns to structure dance phrases on my own, with a partner and in a group	Before	After	
I show respect for others when working as a group and watching others perform	Before	After	